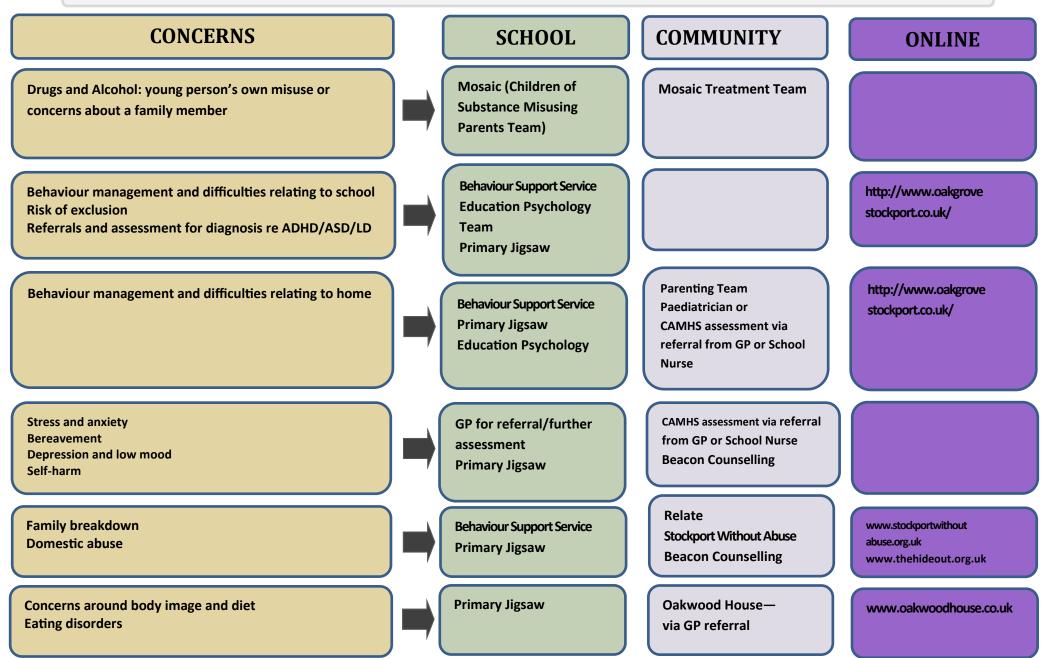
## Mental Health & Emotional Wellbeing—Support & Help for Primary School Age Children in Stockport

Where more than one service is listed, please use the additional information on the reverse of the sheet to help you choose the most appropriate service



If a young person's behaviour is causing an immediate safeguarding concern, please follow your organisation's procedures and where appropriate call the Social Care Contact Centre on 0161 217 6028 or the Emergency Out of Office Hours number - 0161 718 2118

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## Mental Health & Emotional Wellbeing Services for Primary School Age Children in Stockport—Service Contact Details

- ♦ **Behaviour Support Service (BSS)** is part of Stockport's provision for children with social, emotional and behavioural difficulties and works with schools, teachers and parents / carers as well as young people. Call **0161 437 4956 Opt.2.**
- **Beacon Counselling** exists to improve the lives of adults, young people and children who experience mental and emotional distress. The service works in schools and from our community-based B2 service to offer 1-1 counselling, group programmes (covering resilience, managing anger and conflict, bereavement, exam stress and other issues), self-help information for children and young people, and support for school development around emotional well-being and mental health. Call **0161 440 0055** or visit www.beacon-counselling.org.uk
- CAMHS (Child & Adolescent Mental Health Services) provide a range of services to support children and young people who may be experiencing mental health difficulties. There is a single point of referral to meet Tier 2 (lower level) and Tier 3 (higher level) need. Call 0161 419 2050.
   Kite provide a Tier 2 service to meet the mental health needs of Children in Need and Looked After Children aged 0-18. Call 0161 480 5939.
- Education Psychology Team helps young people with emotional or behavioural issues in school, within the Youth Offending Service and in Social Care settings. Referrals should be made by the school, calling 0161 474 3870.
- ♦ MOSAIC provide information, support and advice to young people (aged up to 25 ) around drugs and alcohol. They also offer counselling to their clients. Call 0161 480 5939.
- Oakwood House provide, online or via GP referral, counselling and therapy for people affected by eating disorders /issues relating to food and eating. Visit www.oakwoodhouse.co.uk or call 0161 480 0882 for more information (but referrals must come from the GP).
- Parenting Team provides professional and specialist group or one to one parenting support. Call 0161 426 5554.
- Primary Jigsaw aims to improve the emotional health and wellbeing of those children experiencing mental health difficulties. Call 0161 437 4956 Opt 2.
- Relate provide children and young people's counselling on any issue plus family counselling for those experiencing difficulties with family life. Call **0161 872 0303** or visit www.relategms.co.uk.
- Stockport Without Abuse provide 1 to 1 therapeutic support to children and young people who: a) are or have been in unhealthy dating or intimate relationships; b) are currently or have recently been affected by domestic abuse within their family or c) are identified as being at risk of sexual exploitation. Call 0161 477 4271